

SECOND THOUGHTS

A monthly reflection on the ministries of Second Presbyterian Church of Louisville



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SECOND Presbyterian CHURCH

*Sharing the grace of God with
one another and the world
around us.*

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With both Stewardship season and Thanksgiving themes flowing in the month of November, I thought of a quote from the poet, Mary Oliver. I have many books of her poetry, but this quote I discovered only recently and when I read it—it made me catch my breath: “Joy...is not a crumb.”

After being with you for a couple of months, I see a congregation focused on various weighty matters: a strategic plan, analysis of the budget and giving patterns, honing job descriptions with changes in the staff, ongoing repairs to building structures, etc. The staff is busy. The Session is busy. Our Committees are hard at work. Like good Protestants, our noses are to the grindstone.

A couple of weeks ago, I began to wonder about something. So, I asked our dedicated staff how this congregation has fun together. Where/how do we collectively feel, experience, express joy? If I asked you that question about Second Presbyterian Church, how would you answer—what would you tell me about?

As November unfolds, the weight of the world is heavy: war in Ukraine, in Gaza and Lebanon continues to destroy lives and landscapes. Communities from Florida to Virginia still recover from devastating hurricanes and flooding. A national election cycle has consumed airwaves and brainwaves for months. Have we lost the ability to have fun...to find, see, and express joy? I remembered Mary Oliver’s phrase, “Joy...is not a crumb.” Here is her poem, **Don’t Hesitate:**

If you suddenly and unexpectedly feel joy, don’t hesitate. Give in to it. There are plenty of lives and whole towns destroyed or about to be. We are not wise, and not very often kind. And much can never be redeemed. Still, life has some possibility left. Perhaps this is its way of fighting back, that sometimes something happens better than all the riches or power in the world. It could be anything, but very likely you notice it in the instant when love begins. Anyway, that’s often the case. Anyway, whatever it is, don’t be afraid of its plenty. Joy is not made to be a crumb.

Christians, of all people, know that joy is not a crumb. It is a full loaf, broken and shared. Warm, delicious, nourishing when passed around hand to hand: Take. Eat. Remember. Give thanks—Eucharist! The way we Presbyterians ‘do communion’ is not often noted for its joy, warmth, and exuberance, yet the theology of it encompasses all three. We are often about serious, weighty things in the church and in our own lives; quite rightly so. But life with God is also meant to be fun, to embody joy. How might we inhabit this joy together more fully? What are some ways we can share joy, have fun within our neighborhood, across the city, and even scatter joy across the world? Don’t hesitate. Let’s be All In. After all, joy is not made to be a crumb.



Worship & Music

Upcoming

WORSHIP & MUSIC

November 3: ALL SAINTS' COMMUNION

Rev. Dr. Kim Clayton, preaching
Octet & Sanctuary Choir;
Dr. Jack Ashworth, guest organist

November 10: Twenty-Seventh Sunday after Pentecost

Rev. Andrew Bowman, preaching
Octet, Sanctuary Choir, Dr. Zach Klobnak, guest organist

November 17: DEDICATION SUNDAY

Dr. Kim Clayton, preaching;
Blessing of our pledges. Octet & Sanctuary Choir;
Dr. Zach Klobnak, guest organist

November 24: CHRIST THE KING SUNDAY

Dr. Kim Clayton, preaching
Octet & Sanctuary Choir; Paula Roberts, Organist Emerita

8:30 a.m. in Chapel
11 a.m. in Sanctuary

NOVEMBER MISSION OF THE MONTH CABBAGE PATCH CHRISTMAS

Help us raise \$20,000 which will provide Christmas blessings for Cabbage Patch families.

How you can help:

Make a donation during the month of November

Saturday, Dec. 7 - Go shopping for our Cabbage Patch families

Sunday, Dec. 8 - Wrap the gifts in the Gym



See the table in the Narthex on Sunday mornings to sign up or to get more information.

The Cabbage Patch
Settlement House, Inc.

A Message from Stewardship

ONE COMMUNITY -- ONE COMMITMENT

"You shall love the Lord your God with all your heart, and with all your soul, and with all your might." -- Jesus (Mark 12:30).

We are a generous congregation. Our generosity enables Second to support numerous mission partners within our community, our country, and around the world. Our outreach provides hope for the poor, the sick, the homeless, the discouraged, the downtrodden, and the destitute. We also support missionaries and sister congregations who spread the Word in other countries where the Bible is all too often challenged, disregarded or disrespected.

Our generosity also enables us to maintain a strong pastoral, music, and administrative staff, which collectively keeps our congregation active and the Word alive and vital, and in so doing, challenges us to become better Christians, better friends and neighbors, better families, better people -- and together, a better community.

And it is our generosity that keeps the heat on in the winter, the air conditioning on (usually) in the summer, the buildings and grounds in satisfactory condition, and the lights on throughout the day.

All of this, of course, takes money, and plenty of it. Fortunately, we have many members of our congregation who give very generously every year, and those contributions provide a much needed foundation for our many church needs and activities.

But as a congregation, we can and should do better. In recent years, barely half of our members make a pledge of any amount, or otherwise contribute, with the result that annual giving has levelled off and even dipped slightly from earlier years. The net result is that some church activities and commitments are potentially jeopardized, including important mission projects.

So this year we are asking that our congregation -- each of us, all of us -- be "ALL IN." We all have limits as to what we can give, but we can all give something. Together we are one community of faith, and with that unity in mind, we are asking that each of us -- all of us -- step up and pledge what we can to support the whole, and to support the mission of the church. For as the Bible says, "Like good stewards of the manifold grace of God, serve one another with whatever gift each of you has received . . . so that God may be glorified in all things." 1 Peter 4:10-11.

Your Stewardship Committee

Dedication Flowers in the Sanctuary

There is an opening for dedication flowers for Sunday, December 1. Please contact Nancy Hubbard if you are interested at 502-939-5744 or email nancyhubb@aol.com.

WELCOME NEW MEMBERS!

We are delighted to welcome our newest members to
Second Presbyterian Church.



Prewitt Lane and Diane Medley

Prewitt was recently a member at St. Francis in the Fields. He is an investment consultant and enjoys hiking, cycling, skiing, and art. Diane was recently a member of Buck Grove Baptist Church. She is a CPA and enjoys biking, hiking, golf, and traveling. They are both interested in Dinner Groups along with Prewitt being interested in Mission and Stewardship Committee.

Allison Seiler

Allie is an English teacher at Sacred Heart Academy and a tutor for the ACT and SAT. She is married to James Seiler and they have a daughter, Claire. She loves photography, reading and needlepoint. She is interested in Children's ministry, Presbyterian Women's ministry, and the Mahjong SPOT group.



Not pictured: Courtney Hunter

Courtney is the Principal Designer for CSH interiors. She and her husband, Robert, moved to Louisville in 2011. Both of their children attended the weekday school and now attend Louisville Collegiate School. Courtney enjoys family game night, traveling, and spending time with friends. She would love to know about more opportunities for her 4th and 7th grader within the church.

Adult Formation

Zoom links to adult education programs can be found in *Seconds to Go*.

You may also contact the church office: tkissling@2ndpreslou.org or 502-895-3483.

***NEW* Young(er) Adult Class**

Led by Ronnie Seale, in Room 251, at 9:45 a.m. This newly-formed class will meet on the 2nd & 4th Sundays of the month with the option of increased frequency as the class progresses. Possible focal points will be on the Bible and how it relates to life, relationships and social & historical issues of our time. On the 5th Sundays, the class is encouraged to meet with the Pathways class to expand relationships with other members of the church.

Childcare will be provided in the nursery for children 5 and under and in the Youth Suite for children K-6.

Biblical Studies

Led by Dr. Acton Ostling, Jr., the class meets in-person on Sunday mornings at 9:30 a.m. in Room 252.

If interested in receiving the announcements or emails, whether or not you are a regular member, please email Dr. Ostling at lingjr@twc.com.

The topics for November will continue to be taken from the book "Formation of the Bible" by Lee Martin McDonald.

Pathways Reading the Bible

The class meets on Sunday mornings in Jester Fellowship Hall A at 9:45 a.m.

Please join us on November 3rd and November 10th to hear our guest Dr. Andrew Pomerville, President of Louisville Presbyterian Seminary.

He will be speaking about the future of Mainline Protestantism. It will be an informative, interesting, and engaging discussion.

Please see *Seconds to Go* for Zoom details.

Raising Our Faith

This class is led by Rev. Dr. Tom Sweets and meets Sunday mornings at 9:45 am in Jester Fellowship Hall B.

The title of this month's class is *Guilt and Grace: Ten Reasons Why We Should Totally Forgive Ourselves*.

The study will follow a book by the same title which can be purchased for around \$10.00. All are welcome to attend.

Morning Joy

Thursday morning Bible Study meets at 9:30 am in Jester Fellowship Hall. This fall, a group of professors from Louisville Presbyterian Theological Seminary are graciously volunteering their time and talent to lead Morning Joy. They have chosen a series of topics, grounded in scripture, that will be thought provoking and interesting to study and explore together.

See *Seconds to Go* for Zoom details.

Men's Weekly Bible Study

Men's Bible Study meets in Room 251 and via Zoom at 7 a.m. on Friday mornings. Dr. Marty Soards, Retired Professor of New Testament Studies at Louisville Seminary leads the session. Specific topics/readings are assigned each week.

Sisters in Spirit

A warm, welcoming, and supportive group of ladies that enjoy a special time of fellowship and book discussion around topics that help us grow in our everyday faith. We generally meet on the second Tuesday of the month 7-9 p.m. in the home of a church member. Open to adult women of all ages and stages of life. Join us when you are able (it's ok if you have to miss a month or two, you are always welcome to come as you are able).

The next Sisters in Spirit meeting is Tuesday, November 12 at 7:00 p.m. at the home of Lisa and Eunice Shishmanian.

Please RSVP to Lisa at Mrsshish@gmail.com

We will continue our way through *Good Enough* by Kate Bowler. There is no need to prepare ahead of time, we will read and discuss a devotion at the meeting.

Refugee Family Update

Things continue to progress for our refugee family. Immaculee and her two sons, Shema and Brian, attend orientation class at Kentucky Refugee Ministries three days a week and continue to adjust to life in Louisville. Immaculee is also attends ESL classes at KRM, and is making great progress with her language skills.

The Refugee team at Second Pres continues to provide support by providing appropriate winter clothing, assisting with occasional transportation, and helping Immaculee solve maintenance issues at her apartment. Recently the team provided a discounted washer and dryer for Immaculee, as her old washer and dryer (which had been donated by KRM) had died. Big thanks go to Ritu Furlan for researching the options, and securing the delivery of what will be a life changing gift for Immaculee!

In the upcoming weeks the team will be planning some outings and fellowship opportunities for the family. We also are looking for volunteers who might be interested in taking the family out for an activity. Some suggested ideas would be a trip to the Waterfront Botanical Gardens, Speed Museum, Louisville Science Center, or simply a visit to a local park or playground. Please look for information in Seconds To Go regarding the family's visit to Second Presbyterian at the 11am Sunday worship service on November 17th.

This is a joyful family, with two energetic and lovable young boys. We look forward to introducing them in person to our congregation. Please continue to pray for their health and wellbeing as they assimilate into their new community.

With gratitude,

The Second Pres Refugee Team

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Children Ministries Update

Children's Church happens each Sunday morning during 11:00 worship for children ages 3 through 6th grade. Our Preschool and Elementary age children have learned from Ruth that we can be alert to the needs of others, from Samuel that we can learn to recognize God's leading, from David that we can be part of God's plan, and from Abigail that we can creatively solve conflict should it arise.

Club456 continues to make their way learning the books and genres of the Bible. A favorite way to end the class is a good old-fashioned game of Bible Baseball where each team earns a single, double, or triple run depending upon how many questions of Bible trivia are answered correctly.



Youth Ministry Update

October was a great month in Youth Ministry! Breakfast and Bibles is still in full swing in the Youth Suite where they are relearning stories of the Bible that perhaps have not been thought of in a while. A deep dive into how to read the bible was a great reminder of what to look for in these stories to make them meaningful. The first Message Musings happened on the 20th for our Highschoolers. Highschoolers leave the service on the third Sunday of each month to meet in the Youth suite and watch the week's sermon together. This proved to be useful in connecting the Scripture readings and the sermon. The youth were able to ask questions and have discussions surrounding pertinent points in the sermon. A keeper for sure!! Thanks to Tammy Kissling for leading both classes. Our next Message Musings is 11/17.

A fun time was had at the confirmation retreat in October as well. Our confirmands stayed overnight at St. Paul United Methodist church on Bardstown Road, the perfect place to stay as it is within walking distance to both pizza & ice cream!! We learned about each other, service, and homelessness as we spent Saturday volunteering at Wayside Christian Mission. A huge thank you to our chaperones: Mary Beth Daniels, Yandell Woods, Brad Williams, and Tammy Kissling. Also, a big shout out to Todd Lyles and Toby Nutt for giving a preview of open gym to our confirmands.



November 2024

Sunday	Monday	Tuesday
<p>3 8:30am Worship Service - Chapel 9:30am Adult Faith Formation - Room 251, 252, Parlor, JFHA, JFHB 9:45am Breakfast & Bibles - YS 11:00am Worship Service - Sanctuary Children's Church - Rooms 150-154 12:00pm SPOT: Sunday Singles (offsite) 12:00pm Youth Worship Arts - YS, Room 170</p>	<p>4 1:00pm Monday Afternoon Club - Room 252</p>	<p>5 10:00am SPOT: Walkers - offsite 1:00pm Golden Bells - Handbell Room 5:30pm SPOT: Book Notes - Parlor 7:00pm Austin Handbells - Handbell Room 7:00pm Open Gym - Great Hall</p>
<p>10 8:30am Worship Service - Chapel 9:30am Adult Faith Formation - Room 251, 252, Parlor, JFHA, JFHB 9:45am Breakfast & Bibles - YS 11:00am Worship Service - Sanctuary Children's Church - Rooms 150-154 Club456 - Room 180 12:00pm SPOT: Busy Needles - Parlor</p>	<p>11 1:00pm Monday Afternoon Club - Room 252 4:00pm Caregiver's Group - Zoom</p>	<p>12 10am Presbyterian Women - Room 252 1:00pm Golden Bells - Handbell Room 7:00pm Austin Handbells - Handbell Room 7:00pm Open Gym - Great Hall</p>
<p>17 8:30am Worship Service - Chapel 9:30am Adult Faith Formation - Room 252, Parlor, JFHA, JFHB 9:45am Breakfast & Bibles - YS 11:00am Worship Service - Sanctuary Children's Church - Rooms 150-154 Club456 - Room 180 12:00pm Youth Worship Arts - YS, Room 170</p>	<p>18 1:00pm Monday Afternoon Club - Room 252</p>	<p>19 1:00pm Golden Bells - Handbell Room 7:00pm Austin Handbells - Handbell Room 7:00pm Open Gym - Great Hall</p>
<p>24 8:30am Worship Service - Chapel 9:30am Adult Faith Formation - Room 252, Parlor, JFHA, JFHB 9:45am Breakfast & Bibles - YS 11:00am Worship Service - Sanctuary Children's Church - Rooms 150-154 Club456 - Room 180 12:00pm Youth Worship Arts - YS, Room 170</p>	<p>25 1:00pm Monday Afternoon Club - Room 252</p>	<p>26 1:00pm Golden Bells - Handbell Room 7:00pm Austin Handbells - Handbell Room 7:00pm Open Gym - Great Hall</p>

Wednesday	Thursday	Friday	Saturday
		1 7:00am Men's Weekday Bible Study - Room 251/ Zoom	2
6 10:30am SPOT: 2nd Act - Grove Pointe, Masonic Home 10:30am SPOT: Prayer Group 11:30am Hope & Healing - Parlor 5:00pm Wednesdays Together - Rooms 150, 170, 180, Gym, JFH 7:00pm Sanctuary Choir - Choir Room/Sanctuary	7 9:30am Morning Joy - JFH 11:00am Reflections - Room 251	8 7:00am Men's Weekday Bible Study - Room 251/ Zoom	9
13 10:30am SPOT: 2nd Act - Vitality Living St. Matthews 5:00pm Wednesdays Together - Rooms 150, 170, 180, Gym, JFH 7:00pm Sanctuary Choir - Choir Room/Sanctuary	14 9:30am Morning Joy - JFH 11:00am Reflections - Room 251	15 7:00am Men's Weekday Bible Study - Room 251/ Zoom	16 5:00pm Club456 - YS 5:00pm Parent's Night Out - Room 150 / WDS classrooms
20 11:00am SPOT: 2nd Act - Valhalla 10:30am SPOT: Prayer Group 11:30am Hope & Healing - Parlor 5:00pm Wednesdays Together - Rooms 150, 170, 180, Gym, JFH 7:00pm Sanctuary Choir - Choir Room/Sanctuary	21 9:30am Morning Joy - JFH 11:00am Reflections - Room 251	22 7:00am Men's Weekday Bible Study - Room 251/ Zoom	23
27 10:00am SPOT: 2nd Act - Choir Room 7:00pm Sanctuary Choir - Choir Room/Sanctuary	28 Thanksgiving Church office/ building closed	29 Thanksgiving Staff Holiday Church office/ building closed	30

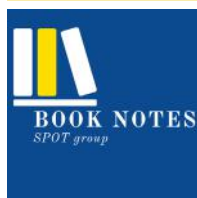
SPOT Second Presbyterian Options Together **A small group ministry of Second Presbyterian Church**
 SPOT serves to unite people who share a common interest and deepen their faith in Christ through building relationships and reaching out to others.



2nd Act

We believe that music is a gift from God which transcends barriers of race, gender, and language. 2nd Act has brought voices together for over 25 years, and with joy, we take our gift to those in need of song to encourage, uplift and spur spiritual growth. We meet every Wednesday at 10:00 am and perform at various residential facilities in the area. We meet in the Choir Room on Wednesdays at 10:00 am, when we are not performing.

Contact Susan Langford: (502) 897-3789,



Book Notes

Each month since 2011, a member of our group selects a book, researches the author, reviews the book, and then the group discusses it at our monthly meeting. We meet on the first Tuesday of the Month at 5:30 pm in the church parlor. We faithfully support UCHM food pantry.

Contact Larry Sloan: (502) 552-3990,
 larry.sloan@yahoo.com



Busy Needles

We meet twice a month in the Parlor: second Sunday after church, and the fourth Thursday at 11:00 am (see church calendar). Our consistent projects are Prayer Shawls and Throws for our members, their family and friends. But, we also work on other projects for various groups and organizations both locally and worldwide. All ages and skill levels are welcome!

Contact Mary Ayers: (502) 429-3415



Dinner Groups

A time to share over a good meal, we have multiple groups, some meet in homes, some at restaurants. Our groups meet throughout the year. Seeking those interested in joining a group or starting one!

Cindy Dickman (502) 262-7323
 cindydickman1@icloud.com



Garden Spot

A new group for those interested in gardening. We will visit local gardens of distinction; invite local garden “gurus” to speak, and share ideas and experiences.

Contact Joan Gaston: (502) 896- 8322,
 jgaston813@gmail.com



Mahjong Group (beginners)

This group meets in the Youth Suite (Room 168) on Sundays from 2-5 pm and on Fridays from 1-4 pm.

Contact Cindy Nutt c.nutt@yahoo.com (502) 551-5593



Men Who Like to Cook & Grill

Men who like to Cook will gather for fellowship. Share wild tales of your best and worst experiences behind the stove or grill, and there may be food!

Contact Paul Ayers (502) 645-7202



Prayer Group

Everyone is invited to pray through our weekly prayer list the third Wednesday of the month at 10:00 am in Room 251. All are welcome to pray, young and old, new Christians or lifetime believers.

Contact Eunice Shishmanian: (617) 710-8189 or Evelyn Hwang: (502) 228-8765

If you are interested in starting a SPOT group or if you would like more information on SPOT groups please contact Sunny Seale: (571) 438-8393.

A small group ministry of Second Presbyterian Church
 SPOT serves to unite people who share a common interest and deepen their faith in Christ through building relationships and reaching out to others.



Spirits & Wisdom Men

Open to all men...We will meet approximately every month with an open forum to discuss anything to everything from sports, religion to politics. This real-talk will have a nucleus of spirits. The "water of life" will include a "wee dram or two" with nibbles. Dinner is possible following. We will rotate locations.

Contact Ron Ross (502) 767-4502
 rross@c-graphics.com



Sunday Singles

Calling all singles—all ages welcome! Would you like to have friends to enjoy brunch with following services on Sundays? If so, please join us. We plan to meet on the first Sunday of the month at various restaurants.

Contact Linda Watson: lindamosswatson@gmail.com



Walkers

The SPOT Walkers meet the first and third Tuesday of each month at 10:00 am. Our walks are no more than two miles. When the weather is nice we walk at various outdoor spots; when the weather is not so nice we walk inside the Oxmoor Mall. Everyone is invited! We share lots of conversation as we walk, and we continue our conversation over coffee after our walk.

Contact Sandy Bailey: (502) 550-9019
 sbd1247@gmail.com

SPOT NEWS:

SPOT Sunday Singles
 Second Presbyterian Options Together

We will meet on the first Sunday after the 11 am service at various restaurants

Contact Linda Watson if interested at lindamosswatson@gmail.com

Book Notes:

Meets the first Tuesday of the month at 5:30 pm in the Parlor and via Zoom.

Book Notes Schedule for the Coming Months:

- November 5** - *James* by Percival Everett
- December 3** - *Benefactors of Posterity* by Daniel Gifford, Ph.D
 *Note: we will meet at the Filson at 10 a.m. See Seconds to Go for more information
- January 7** - *Night Watch* by Jayne Anne Phillips
- February 4** - *All The Broken Places* by John Boyne
- March 4** - *Real Americans* by Rachel Khong

SPOT 2nd ACT
 Second Presbyterian Options Together

November Schedule:

11/6 at 10:30 am: Grove Pointe, Masonic Homes, 230 Masonic Home Dr.	11/13 at 10:30 am: Vitality at St. Matthews 120 South Hubbards Lane
11/20 at 11 am: Valhalla 300 Shelby Station Rd.	

Presbyterian Women of Second

The Presbyterian Women’s Circle at Second will meet the 2nd Tuesday of the month, November 12th, at 10 a.m. at the church for Bible study and fellowship. An option to join us on Zoom is available! All women are welcome to attend. The 2024-25 Horizons Bible Study “Let Justice Roll Down: God’s Call to Care for Neighbors and All Creation” is written by Rev. Dr. Patricia K. Tull, AB Rhodes Professor Emerita of Hebrew Bible at LPTS. Books are available for \$10. In Lesson 2 “Land Justice”, we are reminded, even in times of tension, that all the earth is God’s. In lesson 3 “Food Justice”, the Bible portrays the earth as capable of yielding food in abundance. We give thanks that our gracious and loving God has given us discerning minds and ethical hearts.

The Presbyterian Women of Mid-KY continue to provide lunch at the Portland Avenue Presbyterian Church Senior Café on the 4th Tuesday of every month. Our meals are greatly appreciated.

Zoom Link:

<https://us02web.zoom.us/j/84648264838?pwd=aEROQjUvZG9PQnV0NG9hZkFRUWdrQT09>

Meeting ID: 846 4826 4838

Passcode:056675

All are welcome to attend. For questions or further information, contact Amy Parker, 897-5076, or amyparker158@hotmail.com.

Poinsettias

CHRISTMAS IS COMING!

Plans are being made for the decorating of the church for Christmas. We will be decorating the church on November 25 about 9:30 am. If you are interested in helping with the decorations please email Bonnie Boram - bboram@aol.com. If you are interested in helping to arrange Poinsettias, we will be doing that on December 20 at 1:00 pm.

If you would like to donate a Poinsettia in memory or in honor of someone, please fill out the form below and send the form and your money to the church office and mark it for Poinsettia. We will need donations for wreaths for the main sanctuary doors, the chapel doors, Door #3, wreaths for the balcony in the sanctuary and the balcony of the chapel. If you are interested in donating to any of these areas, please send your donation and fill out the form below with the information as to how you would like it stated in the worship bulletin.



Poinsettia plants are being offered to honor/remember individuals. The cost is \$20. The last day to order is Saturday, December 15. At this time, we are not sure of the price for wreaths. You may write a check, leave the completed form at the reception desk, or mail it to Second Presbyterian Church, 3701 Old Brownsboro Road, Louisville, KY 40207, Attention: Church Office.

If you would rather pay online, please scan the Payment QR code listed below and click on the poinsettia tab on the Giving Page. Please complete the order form under the poinsettia tab (on the Giving Page) instead of the paper form below.

Please PRINT and fill out all information (if paying with cash or check):

Name of Donor(s): _____

In honor of: _____ OR

In memory of: _____

Number of Poinsettias: _____

Contact Bonnie Boram with any questions: 502-893-3355.



Payment

Care for the Caregiver

Are you helping a loved one with impairments related to aging, disability, or a mental disorder? Are you taking care of someone who has a chronic illness, managing medications, or taking care of household chores, meals, and healthcare for someone who cannot perform these tasks alone? If you answered yes to any of these, then you are a caregiver.

Caregivers hold it all together or have the overwhelming feeling that they must hold it together because no one else can. Caring for your loved one can lead to isolation, depression, chronic health issues, and poor quality of life. The Deacons here at Second see how important it is to support its members who hold the role of caregiver.

The caregiver support group meets on the second Monday of each month at 4:00 p.m. these remote monthly Zoom meetings provide resources, education, guest speakers, and a safe space for support and assistance in finding solutions to the challenges of caregiving. If you are interested in joining or learning more, please contact the office or reach out to Elizabeth Clay, eclay@2ndpreslou.org, or Cathy Hollander.

passages

We remember in prayer...

The family of Jim Appleberry on his death, 10/21/24.

Glenda Bumpas and her family on the death of her brother-in-law, Jim Cunagin, 10/20/24.

Charles Ratliff, Liz & Jonathan Evans and family on the death of his wife and her mother, Melissa, 10/16/24.

Brooks Mayer & Sasha Björk-Mayer and their family on the death of Brooks' father, Ed, 9/22/24.

Gregg and Priss Hovious and their family on the death of Gregg's father, Bob, 9/16/24.

Hope & Healing While Grieving

We will meet on Wednesday, November 6 and 20, from 11:30-12:30 pm. We will be using the book, [A Guide for Healing from Grief and Loss: Coping with Loss and Embracing Recovery: The Comprehensive Guide to Rebuilding Your Life](#) by Carolyn Day.

Please reach out to Elizabeth Clay, eclay@2ndpreslou.org if you or someone you know would benefit from being a part of this group. All meetings will be at church with a zoom option.



SECOND Presbyterian CHURCH

Second Thoughts (UPS 488-060). Published Monthly.

Postmaster, send address changes to:

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