

SECOND THOUGHTS

A monthly reflection on the ministries of Second Presbyterian Church of Louisville



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SECOND Presbyterian CHURCH

*Sharing the grace of God with
one another and the world
around us.*

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“We must be willing to let go of the life we had planned so as to have the life that is waiting for us.” – E. M. Forster

Dear Friends,

I came across the quotation above in a book written by one of my favorite theologians regarding a Christian perspective on time. I finished the book months ago but picked it up again recently as I prepare for a season of focused discernment involving our ministers and elders. For a while now we have had a small group of active and inactive elders and members of the church staff meeting to discuss “big picture” issues such as the most effective way to structure our ministerial positions and making recommendations to session. They have worked diligently and will continue to be a part of the upcoming discernment process.

One of their recommendations to session has been on the agenda for the past two months and discussed thoroughly. My assumption was that session would reject the recommendation as a whole, approve some aspects of it and reject others, or accept it as a whole. What happened was a delightful surprise! They said that this particular issue could not be acted upon in isolation from the larger questions facing this church. They suggested that we table the recommendation and embark upon a journey of focused and disciplined seeking and listening, paying attention to what we believe the Holy Spirit is saying and doing about the future of this community of faith.

I’m thrilled about this opportunity and grateful to session for their leadership. I believe it is a faithful and necessary step in this post-pandemic world and secular age in which we live. But, with a nod to Mr. Forster’s words above, I’m mindful that faithful discernment requires a spirit of letting go of many things – assumptions, personal preferences, certainties, and our own careful planning – in order to be open to what the Lord of the church, the risen Christ, has in store for us. That’s never easy or painless. In other recent reading I came across an important reminder. In fact, I was embarrassed to realize that after nearly forty years of ordained ministry this truth had not fully penetrated my consciousness. The author said that as Christians our goal is not change, which is working to bring new ideas, new projects, and new ways of doing things to fruition and jettisoning the old. We’re about transformation, which is an active response to the God who says, “Behold, I make all things new,” and who speaks through the apostle Paul, “So if anyone is in Christ, there is a new creation.”

It is my fervent prayer that this season of discernment will at least lay the foundation for an openness to the transforming work of the Spirit among us. What is the life that is waiting for Second Presbyterian Church? Stay tuned!

Grace and peace,

Steve

Second Presbyterian *Kickoff Celebration*

Sunday
August 13

10:00 am Worship

Our children & youth begin new opportunities to lead worship!

Childcare is available for ages 5 and younger. Worship bags provided.

Festival Choir meets at 9:15 - help sing our hymns!

BBQ lunch
catered
by F.A.B.D.
at 11 a.m. after
Worship

Casual Dress!

**Games &
Activities
for
Children!**

Kickoff Celebration 10 a.m. Worship

Sunday
August 13

Our children & youth begin new opportunities to lead worship!
Childcare is available for ages 5 and younger. Worship bags provided.
High-School-age and up - Join the Festival Choir
We meet at 9:15 in the sanctuary - help sing our songs of faith!

VESPERS
at Second

ELLIOTT NICHOLS EXPERIENCE



AUGUST 20, 6:30 PM

FEATURING:
Elliott Nichols and Family
Gospel * R&B Pop



Sat., August 26
9 am - 12 pm

the work of the people Worship Training Day

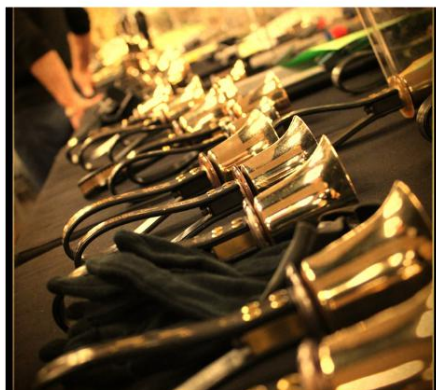
Our Sunday worship and formation volunteers are invited for a morning of training on the why's and the how's of our work each week, and to be updated on security policies. If you are a lay reader, usher, deacon, elder, audio technician, formations teacher (or those who MIGHT join us to be any of these), we urge you to come. More information will be available soon!



JOIN OUR MUSIC FAMILY @ SECOND!

Contact Jim Rittenhouse 895-3483 x212

*Find yourself a place in our music ministry ...
Second continues our strong commitment
to using our gifts for God in Worship
and in our Community!*



Sanctuary Choir

Every Wednesday, 7-8:30 p.m.

Begins Wednesday, August 16

High School age and up are welcome to sing each week as we lead worship at 11 a.m., and for our major church observances: Reformation Sunday, Advent (Joy) Sunday, Christmas Eve, Holy Week & Easter. In 2023, we will be presenting a special service in October, and singing with guests artists in September and February.

Sign up on our Music Page at 2ndpreslou.org or call Jim!

Austin Memorial Bells

Every Tuesday, 7 p.m.

Begins Tuesday, September 5

Come join our handbell ensemble that leads music 4-6 times a year in worship and participates in area and regional handbell workshops. It helps to be able to read music, but is not a requirement. Call Jim for more information. This group likes to have fun as we learn about and make music!

Golden Bells

Every Tuesday, 1 p.m.

Begins Tuesday, Sept. 12

Director Bonnie Boram leads this ensemble for those who love music, want to learn handbells, and enjoy the fellowship as a team. This ensemble does not regularly play in worship.

Contact Bonnie at bboram@aol.com.

2nd Act

Every Wednesday, 10 a.m.

We believe that music is a gift from God which transcends barriers of race, gender, and language. 2nd Act has brought voices together for over 25 years, and with joy, we take our gift to those in need of song to encourage, uplift and spur spiritual growth. We perform at various residential facilities in the area. We meet in the Choir Room on Wednesdays at 10:00 am, when we are not performing. Contact Susan Langford: (502) 897-3789, tourspluse@aol.com





MUSIC AT SECOND

Sharing grace through utmost heart and highest art

Throughout 2023 and into 2024 we have a unique opportunity to present special programming for the Second Presbyterian Church family and our community. Because of the generosity of many individuals to both *Music at Second* and to our signature *Concert Series*, we are blessed to be able to experience the breadth of music both in worship and through special musical events. The following are special opportunities in addition to our popular Lenten Concert Series to be announced.

September 24, 2023 @ 3 p.m -- Ken Medema in Concert

Ken is one of the most creative and authentic artists performing today. For five decades, he has used music as a vehicle for creating conversation through storytelling and reflection. Ken's vocal and piano artistry and imagination have reached audiences of 50 to 50,000 people in 49 United States and in more than 15 countries on four continents. He will lead us in worship in the morning, and present a concert in the afternoon perfect for **OUR ENTIRE CHURCH FAMILY!** www.kenmedema.com



October 22, 2023 @ 6:30 p.m

Vespers@Second: Celebrating the Music of Charles V. Stanford with Second's Musicians

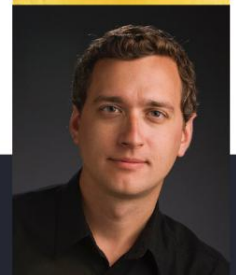


Join us as we commemorate one of the great composers of Christian sacred music, Charles Villiers Stanford. Organist of Trinity College Chapel at Cambridge, Stanford wrote a variety of works for the church, including his beloved settings of the *Magnificat* and *Nunc Dimittis* that can be heard in evensong services around the globe. For our celebration of Stanford's 100th birthday, Dr. Samuel Libra has curated the composer's six *Bibles Songs, opus 113*, which pair words from the Old Testament with music for organ and voice in some of Stanford's most lyrical writing. Members of Second's professional Octet & Organist Samuel Libra will perform. Second's Sanctuary Choir, under the director of Jim Rittenhouse will perform accompanying anthems.

January 28, 2024 @ 7 p.m

An Evening of American Chamber Music with Mezzo Soprano Laura Atkinson, Baritone Jason Steigerwalt & NouLou Chamber Players

We are thrilled to present Laura Atkinson, mezzo soprano & Jason Steigerwalt, baritone with the NouLou Chamber Players in a vibrant evening of chamber vocal music. Compositions include a song cycle for baritone by local composer **Daniel Gilliam** on a text of Wendell Berry; a cycle for mezzo by **Lori Laitmann**, and others. Laura is one of Louisville Public Media's on-air hosts for 90.5-WUOL Classical FM, and a member of Second's Octet. Jason is an On-Premise Sales Consultant with Southern Glazer's Wine & Spirits, and also a member of Second's Octet.



Want to donate to MUSIC AT SECOND or CONCERT SERIES?
Please visit www.2ndpreslou.org/giving and find the "Music at Second" tab. A great way to memorialize or honor a loved one!



CONCERT SERIES

Our premiere concerts for 2023-2024



Mary-Hollis Hundley, Soprano

November 19, 2023 * 3 pm

We proudly welcome "one of our own," soprano **Mary-Hollis Hundley**, who grew up as part of Second Pres. From her recent reprise of the role of "Jo" in *The Knock* with Cincinnati Opera, to her upcoming cover of the role of Sister Catherine in Jake Heggie's *Dead Man Walking* for the Metropolitan Opera, Mary-Hollis is capturing the opera world. She will present a concert of American music, including two exciting commissioned song cycles.

ARTEFACT ENSEMBLE

February 25, 2024 * 3 pm

CREATE.

HYMNS OF EMBODIMENT, RUIN & REBIRTH



Hailed as "seamless" and "technically flawless" (Musical America) Artefact Ensemble brings together leading vocal artists from around the country to craft immersive experiences of human connection through the transforming power of song. Artistic Director, Benedict Sheehan, is a two-time GRAMMY® nominee and American Prize-winner and has been called "a choral conductor and composer to watch in the 21st century" (ConcertoNet). They will present a brilliant program, including Copland's IN THE BEGINNING.



Dr. Elisa Bickers, Organist

April 14, 2024 * 3 pm

Elisa Williams Bickers (DMA, FAGO) is the associate director of music and principal organist at Village Presbyterian Church, Kansas City, KS. Dr. Bickers received degrees in organ performance and church music from TX Christian University and the University of Kansas, and has competed in the distinguished International Buxtehude Competition in Lubeck, Germany.

Children

What a great week!! Over 130 children and 70 volunteers discovered what it means to be a “Changemaker”. Changemakers ask questions, Changemakers work together to solve problems, Changemakers respond to the needs of others, Changemakers build bridges, and Changemakers create a new kind of world.



Project Serve kids were changemakers in action cleaning cottages at Bellewood, playing games with the residents at the Episcopal Church Home, and prepping areas for painting at 2nd Pres. Weekday School, packing 2000 meals for Love the Hungry and picking up trash at Seven Counties.

Project Serve 2023



Thanks for a great week!!

What is your “why”? ~ Lorie Williamson, Director of Children’s Ministries

I took a detour recently on my career path. I chose to leave Second in 2022 to pursue my original calling in music. The job itself was not radically different from Children’s Ministry. I was still working with and planning for children and their families but under the umbrella of music and how it connects with faith, family, and justice. I soon became dissatisfied with the position. After further contemplation I realized that not having the Christian faith as the pinnacle of my work was going to leave me feeling unfulfilled.

My “why” for leaving Second? I did not want to put forth the effort at this stage in my life to fulfill the requirements needed to further a career in ministry. Efforts which include navigating the intricacies of going back to school while working full time, facing field education mysteries and how long the path to ordination will take to accomplish. I instead wanted to rest on the laurels of my previous degrees, experience and education in a job that would not fulfill my life’s calling.

As I have settled back into a familiar space at Second, I realize that we are embarking on a new era. We have moved past a pandemic that stopped us in our tracks while at the same time, navigating a hostile political climate and heated race relations across the nation. The world itself has heated up due to weather systems and climate change. Technology is both a blessing and a curse as it brings us closer together but keeps us more isolated than ever. We are inundated with information that increases anxiety in ourselves and in our children. The world seems to have a different vibe and pace than it did just 3 years ago.

I say this not to preach doom and gloom, to instill guilt, or to insinuate you are not doing enough, but to ask, what is your “why”? Try not to think about preconceived notions as to what church must be or what you think you should be doing and try to answer the following questions: What needs of mine are being met by attending children & family programming and why? What needs of mine are not being met in children & family programming and why? What is my commitment level to children’s ministry and why is this my commitment level?

I would love to hear your honest feedback on these questions. Please feel free to email me, call me, or leave an anonymous note in my mailbox. I welcome your help in creating a children’s ministry that truly meets the needs of Second’s families and beyond. I look forward to building this program with you!

Here is what is on tap thus far to begin our Fall semester:

- | | |
|-------------|--|
| August 13th | Kickoff Celebration-Special worship celebration with new opportunities for children and youth to lead Worship. Lunch and special activities after Worship on Church grounds. |
| August 16th | Wednesdays Together begin -Children’s Choirs, Youth Worship Arts, Classes & fellowship for adults. |
| Sept. 10th | Two services begin-Family breakfast for all ages in the Youth Suite, Youth devotion prior to service, combined class for 4th, 5th, & 6th grades during service, Children’s Church. |

Weekday School

Second Presbyterian Weekday School is beginning the 2023-24 school year! It is always surprising how fast summer seems to go by, but the teaching community is looking forward to gathering again as a whole staff, welcoming our new members, and seeing what magic we make with each other, our students and their families.

Each summer, a theme arises in my mind that casts a vision for the next 10 months that our school community will spend together.

- My first year at 2nd Pres as director was 2019-2020, and its theme was Change.
- 2020-2021 was Rethinking (with a healthy dose of Survival), as June 2020 required us to reimagine how a school could operate in response to COVID.
- 2021-2022 was Persevere, as the pandemic and its restrictions lingered on.
- 2022-23 was Connection as we re-established traditions, normal rhythms, and community.

And now we are entering the 2023-24 year, and the theme that continues surfacing in my mind is Curiosity. Curiosity is a key factor in deep learning, healthy relationships, problem solving, creativity, and mental well-being. From a place of curiosity, humans remain open, observant, playful, nonjudgmental, and engaged. Children exhibit curiosity daily and are constantly learning about the world around them because of this natural mindset, particularly at the ages we serve. Curiosity is a foundational lifelong learner trait, and we educators find freedom and joy in curriculum building, meeting children where they are, and working through challenges when we observe, wonder, and inquire. And I feel sure curiosity is a starting point for greater compassion, well-being, innovation, belonging, and understanding in the smallest moments of our lives all the way to the relationships and issues we experience on a global scale. Jesus said that becoming like children paves the way to the kingdom of heaven. Zen Buddhism teaches about utilizing a “beginner’s mind” to see the world more clearly. Modern psychology encourages thinking like a scientist to “favor humility over pride and curiosity over conviction” to make new discoveries. The common thread is curiosity and the positive change it can enact in the world.

I am excited to see what the Weekday School faculty and staff will learn about children, early childhood education, and ourselves this year, and how we will continue to grow in excellence and leadership as a school.

Happy August,

Hayley Abell

Montreat Party!

Sunday, August 6

6:00pm

91 Warrior Road

Inviting **ALL** high school youth to an evening filled with food and fun!

This is also a chance to hear first hand about the Montreat Youth Conference from youth who have previously attended.

PARENT SOCIAL
 August 8 7:00pm
 DRAKE'S Come play.
 Drake's St. Matthews
 3939 Shelbyville Road

2PY is going back to
NUTT FARM!

Sunday, August 27

For all Middle and High School Youth & Families

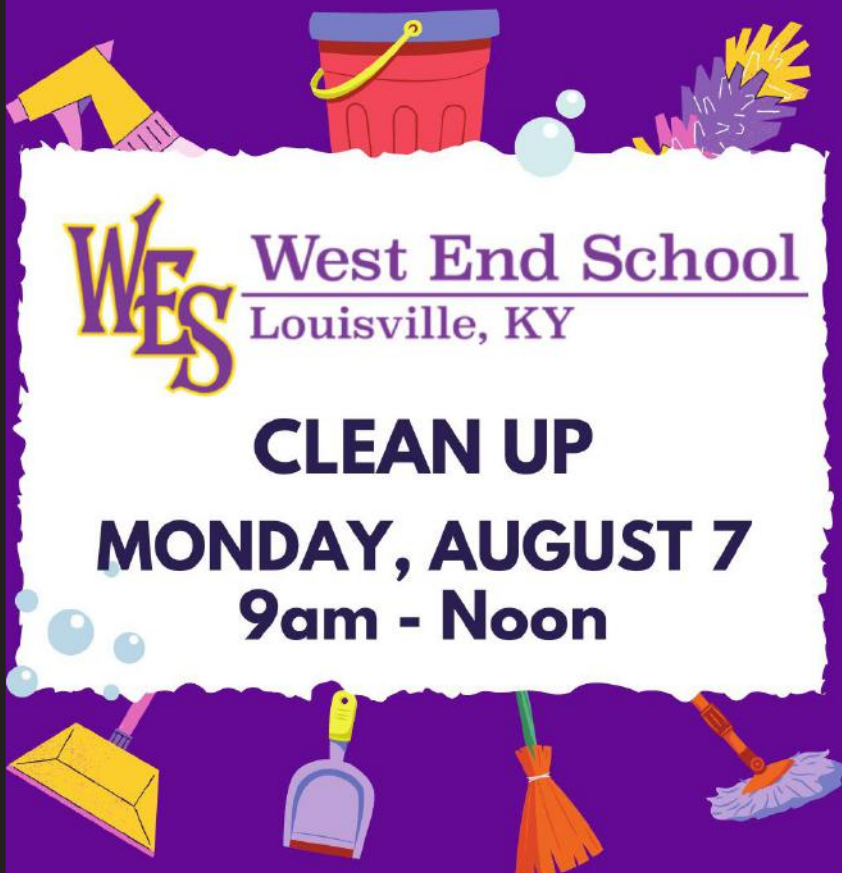
Join us for a day of worship, lunch, hiking, and games! More details to come.



West End School
Louisville, KY

CLEAN UP

MONDAY, AUGUST 7
9am - Noon



Adult Formation

Zoom links to adult education programs can be found in Seconds to Go.

You may also contact the church office: tkissling@2ndpreslou.org or 502-895-3483.

Morning Joy

Morning Joy has ended for the season; we look forward to seeing you in the Fall!

Biblical Studies

Led by Dr. Acton Ostling, Jr., the class meets in-person on Sunday mornings at 9:00 a.m. in Room 252. If interested in receiving the announcements or emails, whether or not you are a regular member, please email Dr. Ostling at lingjr@twc.com.

Pathways

We are starting back up again on Sunday, September 10, see you then!

Led by Elizabeth Clay, the Pathways class meets on Sunday mornings at 9:45 a.m. in the Fellowship Hall A and via Zoom. Pathways is a group of folks who enjoy thinking and talking about life, faith, the Bible, and the intersection of the three. The Zoom link is in Seconds to Go which is sent out every Friday. Please come join us!

Reading the Bible

Led by Dr. Marty Soards, Retired Professor of New Testament Studies at Louisville Seminary, the class meets on Sunday mornings at 9:00 a.m. in the Parlor and via Zoom. We are now studying the book of Acts, and we would be glad to have anyone join us who is interested in such Bible study.

Men's Bible Study

Men's Bible Study meets in Room 251 and via Zoom at 7 a.m. on Friday mornings. Dr. Marty Soards, Retired Professor of New Testament Studies at Louisville Seminary leads the session.

Rev. Dr. Tom Sweets's Class

Rev. Dr. Tom Sweets is leading a class that meets on Sunday mornings at 9:00 in Fellowship Hall B.

Sisters in Spirit

A warm, welcoming, and supportive group of ladies that enjoy a special time of fellowship and book discussion around topics that help us grow in our everyday faith. We generally meet on the second Tuesday of the month 7–9 p.m. in the home of a church member. Open to adult women of all ages and stages of life. Join us when you are able (it's ok if you have to miss a month or two, you are always welcome to come as you are able).

Sisters in Spirit will meet Tuesday, August 8, at 7 p.m. in Sallye Pence's home; carpooling is a good idea. Jennifer Scott will present a brief devotional. Please reply to Selina Costley at sjc@iglou.com if you're able to attend.

AUGUST MISSION OF THE MONTH

Bellewood & Brooklawn most needed items

Calming Boxes Wishlist

- stress balls/squishy toys
- bubble pop fidget toys
- fidget spinners
- slime/play-doh/kinetic sand
- essential oils
- squishmallows
- coloring books
- journals
- crayons/coloring pencils
- play tents & teepees
- sleep eye masks
- LED light strips

Peace Presbyterian Volunteer Pictures

THANK YOU to all our volunteers who give their time each month to support our partnership with Peace Presbyterian distributing food boxes!



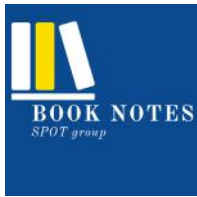
Thank You!

Thank you to everyone who donated to UCHM & Cabbage Patch for our July Mission of the Month. Your ongoing support of our mission partners is greatly appreciated.



Second Presbyterian Options Together

A small group ministry of Second Presbyterian Church
SPOT serves to unite people who share a common interest and deepen their faith in Christ through building relationships



Book Notes

Each month since 2011, a member of our group selects a book, researches the author, reviews the book, and then the group discusses it at our monthly meeting. We meet on the first Tuesday of the Month at 10:00 am in the church parlor. We faithfully support UCHM food pantry.

Contact Susanne Wright: (502)930-7465, sjwright@iglou.com



2nd Act

We believe that music is a gift from God which transcends barriers of race, gender, and language. 2nd Act has brought voices together for over 25 years, and with joy, we take our gift to those in need of song to encourage, uplift and spur spiritual growth. We meet every Wednesday at 10:00 am and perform at various residential facilities in the area. We meet in the Choir Room on Wednesdays at 10:00 am, when we are not performing.

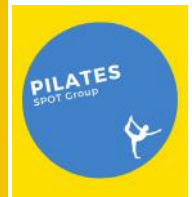
Contact Susan Langford: (502) 897-3789,



Busy Needles

We meet twice a month in the Parlor: second Sunday after church, and the fourth Thursday at 11:00 am (see church calendar). Our consistent projects are Prayer Shawls and Throws for our members, their family and friends. But, we also work on other projects for various groups and organizations both locally and worldwide. All ages and skill levels are welcome!

Contact Mary Ayers: (502) 429-3415



Pilates

Pilates classes will be on Monday night in the Narthex at 5:30. Susan Schmidt will continue to teach these classes. I have taught over 25 years and own a Pilates studio, Pure Movement Louisville. If you have any questions, please email me at puremovementlv@gmail.com or call or text me at 523-5934. Pilates is for strength, conditioning, balance, flexibility, coordination, concentration, control, precision and flow. The emphasis is on the core. It will improve your posture, help prevent injury, strengthen bones and help reduce anxiety.

Contact Susan Schmidt: (502) 523-5934, puremovementlv@gmail.com



Dinner Groups

A time to share over a good meal, we have multiple groups, some meet in homes, some at restaurants. Our groups meet throughout the year. Seeking those interested in joining a group or starting one!

Contact Cheryl Cooper: (502) 417-3999, cheryltcooper@gmail.com



Garden Spot

A new group for those interested in gardening. We will visit local gardens of distinction; invite local garden "gurus" to speak; and share ideas and experiences.

Contact Joan Gaston (502) 896- 8322



Prayer Group

Everyone is invited to pray through our weekly prayer list the first and third Wednesday of the month at 10:00 am in Room 251. All are welcome to pray, young and old, new Christians or lifetime believers.

Contact Eunice Shishmanian: (617) 710-8189 or Evelyn Hwang: (502) 228-8765



Second Presbyterian Options Together

A small group ministry of Second Presbyterian Church
SPOT serves to unite people who share a common interest and deepen their faith in Christ through building relationships and reaching out to others.



Spot Walkers

The SPOT Walkers meet the first and third Wednesday of each month at 10:00 am. Our walks are no more than two miles. When the weather is nice we walk at various outdoor spots; when the weather is not so nice we walk inside the Oxmoor Mall. Everyone is invited! We share lots of conversation as we walk, and we continue our conversation over coffee after our walk.

Contact Valerie Dreher: (502) 552-8918
or (502) 618-3732

If you are interested in starting a SPOT group or if you would like more information on SPOT groups please contact Sunny Seale: (571) 438-8393.

SPOT News: Book Notes

The next Book Notes meeting is at 10:00 a.m. on Tuesday, August 1st; we will meet in the Parlor and on Zoom.

The book for August is [The Personal Librarian](#) by Marie Benedict and Victoria Christopher Murray. The book is a fictionalized version about the life of Belle de Costa Greene and her role at the Pierpont Morgan Library in New York City. Belle, an African-American woman who passed for white, helped J.P. Morgan build his massive art and manuscript collection.

How did Belle rise to such an accomplished position in an era (early 1900s) when women — especially African-American women — faced discrimination and exclusion?

Presbyterian Union

On the first Tuesday of each month (usually), people gather downtown for the fellowship of a lunch, followed by a speaker and discussion around a wide variety of topics-- church and culture issues, faith questions, the changing face of Louisville, topics of personal interest. Think of it as a quick retreat with some friends from different places to think about the world of work and living from a different direction. All are welcome, so please invite guests.

TOPIC: **“LEARN ABOUT RISKS CREATED BY LOCAL WILDLIFE: PRACTICAL REMEDIES”**

Also learn about fishing & boating regulations

SPEAKER: **Bryan Cobban, Kentucky Department of Fish and Wildlife Resources (KDFWR) regional private lands wildlife biologist and coordinator**



Bryan Cobban has been the private lands biologist in the Bluegrass region for the KDFWR since April 2018. He previously worked for the KDFWR as a Fish & Wildlife Technician in the Big Game program primarily assisting with deer research in Eastern Kentucky. Mr. Cobban has also worked as a biologist for the USDA’s Animal & Plant Health Inspection Services in Wildlife Service to eradicate feral swine and to reduce nuisance wildlife issues in Illinois and Virginia.

Bryan graduated from Murray State University with a degree in Wildlife Biology.

Where: Vincenzo’s, The Courtyard Room 105 South 5th Street
Lunch: buffet salad and entrée, dessert, iced tea
Cost: **\$25.00** including gratuity

When: **TUESDAY, August 1, 2023,** at 11:30 am

RSVP: If you will attend, please notify by 4:00 pm Monday, July 31 (if accepting) E-mail Ann or Ivan Schell at adschell@bellsouth.net or phone 894-8440

Mark your calendars for future meetings (always first Tuesday):

September 5, 2023- The Honorable Lisa Hughes, Justice for the Supreme Court of KY, 2007 to January 1, 2023

Parking: Parking is on 5th Street either on the street or across Market (one way east) at the Stock Yards parking sign on the south side of Market between 5th and 6th or at the National City Bank Building (entrances on 5th, near Main, and Main Street [one way west] on left immediately before 5th).

Payment: Please pay at door by cash or check.

Cancellation: If you make a reservation and do not cancel before 9:00 am on the day of the presentation, we must ask that you pay.

Presbyterian Women of Second

2023-24 The Presbyterian Women of Second will meet at 10:00 a.m. on the second Tuesday of each month, beginning September 12th, for Bible study and fellowship. All women at Second are invited to join us. A Zoom option will be available.

The 23-24 Horizons Bible study is “Sacred Encounters: The Power and Presence of Jesus Christ in Luke-Acts” by Olive Mahabir. Rev. Dr. Olive Mahabir is an ordained PC(USA) minister and has served as a pastor, on various committees, and as a denominational representative to the Faith and Order Commission of the National Council of Churches in Christ in the USA. Each lesson explores a sacred encounter with Jesus, as well as, a transformative experience for the present.

The PW Mid-Kentucky will hold our 2023 Annual Prayer Service at 11 a.m. on Saturday, September 9th at Shawnee Presbyterian Church.

presbyterianwomen.org website has opportunities to subscribe to the Horizons Magazine, as well as, find information about Presbyterian Women in God’s world.

As we pray for peace and comfort in our world, may the love of Christ and the joy of our friendships be with you, now, as always, In Christ,

Amy Parker, Moderator Amyparker158@hotmail.com (502) 897-5076 home or (502)641-9204 call or text.

Care for the Caregiver

Are you helping a loved one with impairments related to aging, disability, or a mental disorder? Are you taking care of someone who has a chronic illness, managing medications, or taking care of household chores, meals, and healthcare for someone who cannot perform these tasks alone? If you answered yes to any of these, then you are a caregiver.

Caregivers hold it all together or have the overwhelming feeling that they must hold it together because no one else can. Caring for your loved one can lead to isolation, depression, chronic health issues, and poor quality of life. The Deacons here at Second see how important it is to support its members who hold the role of caregiver.

The caregiver support group meets on the second Monday of each month at 4:00 p.m. These remote monthly Zoom meetings provide resources, education, guest speakers, and a safe space for support and assistance in finding solutions to the challenges of caregiving. If you are interested in joining or learning more, please contact the office or reach out to Elizabeth Clay, eclay@2ndpreslou.org, or Deacon Cathy Hollander.

passages

We remember in prayer...

Mike Faurest and his family on the death of his father,
Dr. Michael Faurest, 7/17/23.

The family and friends of Ginny & Gary Buhrow on
their deaths, 6/7/23 & 7/17/23.

Martha Spencer and her family on the death of her
brother, Jack Blankenship, 7/15/23.

Brian and Lisa Houghlin; Sam, Brooks, and Lucy
Owen and their family on the death of
father, father-in-law, and step-grandfather, David
Houghlin, 7/9/23.

Ruth Wallace and family on the death of her husband,
Furman, 6/30/23.

Libby Hancock and her family on the death of her
mother, Linda Wood, and brother, Bill Leonard,
5/29/2023

Carol Harper and her family on the death of her son,
Grafton, 5/13/2023

Cathy Martin, Tim Martin, and their family on the
death of her mother, Susan McCrea, 5/10/2023

Wallace Horine and Margaret Flowers on the death of
his wife and her sister, Louise Horine, 5/9/2023

Hope & Healing While Grieving

Our culture puts a lot of emphasis on happiness but loss is a very real part of everyone's life. Hope and Healing While Grieving is a safe place for anyone who is grieving the loss of a loved one. We will meet at 11:30 am in the Parlor on Wednesday, August 23. All meetings will be at church with a zoom option. Please contact Elizabeth Clay, eclay@2ndpreslou.org if you have questions or are interested in joining the group.



SECOND Presbyterian CHURCH

Second Thoughts (UPS 488-060). Published Monthly.

Postmaster, send address changes to:

Second Thoughts, c/o Second Presbyterian Church

3701 Old Brownsboro Rd

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