

# SECOND THOUGHTS

*A monthly reflection on the ministries of Second Presbyterian Church of Louisville*



# Contents

Worship & Music ..... 3  
 Youth..... 6  
 Confirmation..... 7  
 Children..... 9  
 Adult Formation ..... 11  
 Mission ..... 12  
 SPOT Groups ..... 15  
 Presbyterian Women ..... 16  
 Presbyterian Union..... 17  
 New Staff..... 18

## SECOND Presbyterian CHURCH

*Sharing the grace of God with  
one another and the world  
around us.*

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I awoke to news of another mass shooting, this time at the school connected to the Covenant Presbyterian Church in Nashville. Three adults and three children about nine years old were killed, scores of children were traumatized, and lives changed forever. The shooter, this time a woman, also was killed, leaving behind a confused manifesto and questions that will never be answered. We heard once again the familiar cries of “Why does this keep happening?” and “Why doesn’t someone do something about this nightmare of random violence?” Authorities and experts rushed to provide answers and to explain the unexplainable. And hovering over all the frenzied emotions, at least for me, is this dark cloud of despair and hopelessness that it can be fixed or that anything will change.

We are entering Holy Week with its drama of fear, cowardice, betrayal, self-interest, and violence. After the crucifixion of Jesus, Scripture is clear that a cloud of hopelessness and despair settled upon those who loved and followed Jesus, who gave up all to follow him, and who held tightly to the great hope and promise of the triumph of the Messiah. That hope evaporated on a hill of suffering and cruelty outside Jerusalem’s walls. Then came Sunday morning with news too good to be true, news impossible to comprehend. Jesus isn’t dead! Rather, the dead Jesus is living in a new and glorious way. Love has raised him from the tomb and defeated the great powers of hatred, violence, selfishness, and indifference. Love has raised him from the tomb, defeating human systems that imprison and oppress, that steal life rather than giving it. Love has raised him from the tomb, answering our rejection of God with mercy and forgiveness. Resurrection says that Jesus was right about who God is and how God works and that God will do anything to repair our broken relationship with him, even die. Resurrection says death itself is defeated, and life triumphs.

Today’s headlines, news feeds, musings of pundits, as well as our knowledge of our own brokenness, is enough to overshadow us with that cloud of despair. The Easter news is that present within that darkness is Love that finally cannot be defeated, Love that brings new life when all seems dead, Love that shines a light that can never be extinguished, even in the tomb. In our weeping and mourning, in our frustration and fear, comes the glorious promise that kindles hope and allows us to continue to hunger and thirst for righteousness in this world: “Christ is risen! He is risen, indeed!”

Grace and peace,  
Steve

## Worship & Music

# Holy Week Services 2023



## Palm Sunday, April 2

SERVICES AT 8:30 a.m. (Chapel)  
& 11 a.m. (Sanctuary)

Children, youth, & families are invited to gather in the Narthex at 10:45 a.m. on April 2 to get a palm, and join the procession into the sanctuary at 11. You can march, wave the palm, and sing along!!

## Maundy Thursday *with Holy Communion* *April 6 \* 7 p.m. in the Chapel*

*with Proclamation of the Word & Music from  
The Sanctuary Choir & Octet, Evan Vicic on viola, and Samuel  
Libra on piano and organ.*

## Good Friday Tenebrae Service *April 7 \* 7 p.m. in the Chapel*

*with Congregation members reading the Passion story,  
stirring hymns, & Octet singing portions of  
music of Chilcott, Gibbons, Trotta, and Bach.*



## EASTER at SECOND Sunday, April 9

RESURRECTION CELEBRATIONS

8:30 a.m. & 11:00 a.m.

Sanctuary (Live streamed at 11)

**As is our tradition, the congregation is encouraged  
to bring fresh flowers to adorn the cross in the  
Narthex ahead of services.**



# KALEIDOSCOPE

SUNDAY, APRIL 23, 2023

3 PM



*Musicians of  
Second Presbyterian Church &  
guests performing vocal &  
instrumental favorites -  
from Mozart to "Mamma Mia"*



Free admission. An offering  
will be collected to benefit:

South Louisville Community  
Ministries



3701 OLD BROWNSBORO RD., LOUISVILLE  
LIVESTREAMED ON YOUTUBE 2NDPRESLOU

[2ndpreslou.org](http://2ndpreslou.org)

WEDNESDAYS  
*Together*



***A Huge Thank You to our families and leaders of Children's Choirs and Wednesdays Together staff and crew!***

We had a year full of fellowship, fun, singing, and learning, and great meals together from September to March. Make Wednesdays Together a priority for your family and friends when we start back up in September 2023!

SUMMER  
MUSIC  
BLAST  
2023

## SUMMER MUSIC BLAST

**JULY 24-26 \* 5-8 PM**

**Three** nights of music, worship, musical games, food, and fun! Open to children ages 4 to 5th grade (or 3 if already in one of our choirs!)

We need LOTS of volunteers, too!

Contact Sam at [slibra@2ndpreslou.org](mailto:slibra@2ndpreslou.org)

**REGISTRATION OPENS SOON!** BE LOOKING FOR AN EMAIL, OR CHECK OUR WEBSITE [2ndpreslou.org](http://2ndpreslou.org)!

# Youth

## Open Gym

Sadly, the Open Gym season has come to a close, but what a great season it was! The youth had an awesome time playing various games while they strengthened their relationships with each other, but they also deepened their faith through weekly devotional lessons. Many thanks to Toby Nutt and Todd Lyles for their continued support of this program! We look forward to seeing you this fall!

### **A message from Luke English about what Open Gym means to him:**

I remember the first time I walked into Open Gym. I was in 8th grade going through Confirmation and was invited to come to church on a Tuesday night. I was a little skeptical in the beginning, but Open Gym soon became something I looked forward to every week.

Open Gym is a unique opportunity through Second Presbyterian for youth to come together and bond under the common interest of sports and faith. It provides a safe space for kids to engage in physical activity while also fostering an environment of community and inclusivity. Whether it's from the countless games of Volleyball, Battleball, Razzle Dazzle, Kickball, or Todd and Toby's halftime devotionals, I have created strong relationships with my peers that I hope to maintain for years to come. I've also been able to grow as an individual. I always made time on Tuesday nights to make it to Open Gym because I genuinely enjoyed the camaraderie and sense of community that was fostered there. Throughout my five years of Open Gym, I have moved into a leadership role and have learned valuable skills such as communication, teamwork, and responsibility.

I am sad that I will be in college in the fall and unable to attend the weekly Open Gyms. However, I am grateful for the memories and lessons that Open Gym has given me. Overall, Open Gym is more than just a physical activity or a place to hang out; it serves as an important tool for the development of our youth.

Luke English



# 2PY LOCK IN

FRIDAY - SATURDAY

APRIL 14-15

MORE DETAILS TO COME



## HIGH SCHOOL GIRLS BIBLE STUDY

Thursday, April 20  
8:00pm

*Location - the Lyles' home*



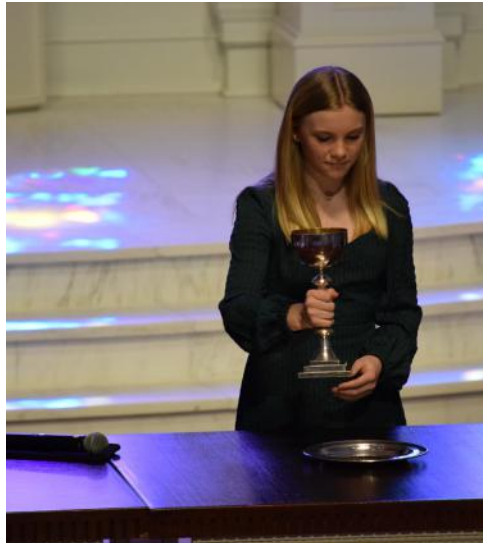
## VOLUNTEER AT PEACE PRESBYTERIAN CHURCH

to assemble food boxes as  
part of their food pantry  
ministry

**Saturday, April 8**  
**10:30am - 11:30am**



# Confirmation





2PK ON SUNDAY

## *Palm Sunday*

4 / 2 / 23

- All children & their families are invited to gather in the Narthex at 10:45am to join the procession into the sanctuary.
- No Faith Formation
- Worship materials are provided on the Children's Worship Cart located in the Narthex.

## *Easter Sunday*

4 / 9 / 23

- No Faith Formation
- Worship bags are provided for children through 5th grade at Sanctuary entrances.
- Easter Breakfast 10:15-10:45am in the Fellowship Hall.
- Egg Hunt 10:30am -meet in Fellowship Hall for instruction.



# Summer Volunteers Needed!



## Vacation Bible School



## Project Serve

PreK - 3rd grade  
July 10th-14th  
8:30am-12:15pm

4th -5th grade  
July 10th-14th  
8:30am-12:15pm

Contact Lorie Williamson at [Lwilliamson@2ndpreslou.org](mailto:Lwilliamson@2ndpreslou.org)

April 15th  
5 - 8:30 p.m.

# Parent's Night Out

\$15 per child  
\$25 Family Cap

Need a break??

Pack a dinner and have the kiddos join us for a night filled with fun!  
Birth - 5th grade. Spaces are limited, reservations are a must.

Contact Lorie Williamson at [Lwilliamson@2ndpreslou.org](mailto:Lwilliamson@2ndpreslou.org) by Monday, April 10th  
with questions and to reserve your spot!



# Adult Formation

Zoom links to adult education programs can be found in *Seconds to Go*.

You may also contact the church office: [tkissling@2ndpreslou.org](mailto:tkissling@2ndpreslou.org) or 502-895-3483.

## Morning Joy

Morning Joy has ended for the season; we look forward to seeing you in the Fall!

## Biblical Studies

Led by Dr. Acton Ostling, Jr., the class meets in-person on Sunday mornings at 9:30 a.m. in Room 252. If interested in receiving the announcements or emails, whether or not you are a regular member, please email Dr. Ostling at [lingjr@twc.com](mailto:lingjr@twc.com).

## Pathways

Led by Elizabeth Clay, the Pathways class meets on Sunday mornings at 9:45 a.m. in the Fellowship Hall A and via Zoom. Pathways is a group of folks who enjoy thinking and talking about life, faith, the Bible, and the intersection of the three. The Zoom link is in *Seconds to Go* which is sent out every Friday. Please come join us!

## Reading the Bible

Led by Dr. Marty Soards, Retired Professor of New Testament Studies at Louisville Seminary, the class meets on Sunday mornings at 9:45 a.m. in the Parlor and via Zoom. We are now studying the book of Acts, and we would be glad to have anyone join us who is interested in such Bible study.

## Men's Bible Study

Men's Bible Study meets in Room 251 and via Zoom at 7 a.m. on Friday mornings. We will study the Book of Acts using the commentary, *Acts: An Introduction and Commentary* by I. Howard Marshall. Dr. Marty Soards, Retired Professor of New Testament Studies at Louisville Seminary leads the session.

## Forgiveness for Lent

Rev. Dr. Tom Sweets is leading a class on the book *Total Forgiveness* by RT Kendall during Lent and will focus on the Biblical definition of forgiveness and how to forgive. Copies of the book can be picked up in class. The class meets Sunday mornings at 9:45 in Fellowship Hall B.

## Sisters in Spirit

A warm, welcoming, and supportive group of ladies that enjoy a special time of fellowship and book discussion around topics that help us grow in our everyday faith. We generally meet on the second Tuesday of the month 7–9 p.m. in the home of a church member. Open to adult women of all ages and stages of life. Join us when you are able (it's ok if you have to miss a month or two, you are always welcome to come as you are able).

Sisters in Spirit will meet Tuesday, April 11, at 7 p.m. in Selina Costley's home. Final chapters 7/8 of *Taste and See - Discovering God Among Butchers, Bakers, and Fresh Food Makers* by Margaret Feinberg will be discussed.

Please reply to Selina Costley at [sjc@iglou.com](mailto:sjc@iglou.com) if you're able to attend.

# Mission

## APRIL MISSION OF THE MONTH CEDAR RIDGE CAMP

There are items the camp is in need of in preparation for overnight and day camps this summer. Here's your chance to help!

### ITEMS REQUESTED

- First Aid Supplies
  - antiseptic ointment
  - gauze
  - Band-Aids
  - anything you would need in a first aid kit
- Craft Supplies
  - yarn
  - crayons
  - markers
  - paper
  - paint / paint brushes
  - friendship bracelet string
  - pony beads



## Kentucky Refugee Ministry Update

The Presbyterian Church (USA) recently featured an article about Second Presbyterian Church and our partnership with Kentucky Refugee Ministries to help resettle refugees in Louisville. See the link at the bottom of this article or Seconds to Go to read the entire article.

### **The next chapter: congregational support for refugees and asylees**

*Second Presbyterian Church in Louisville continues to grow its world family*

*Fred Tangeman | Office of the General Assembly - February 27, 2023*

#### **LOUISVILLE**

As church groups look to help refugees and asylees, ministry that received direct encouragement from last summer's General Assembly, one Louisville congregation continues to stand out as a possible model and inspiration.

[www.pcusa.org/news/2023/2/27/the-next-chapter-congregational-support-for-refuge/](http://www.pcusa.org/news/2023/2/27/the-next-chapter-congregational-support-for-refuge/)

## Thank You!

Thank you to everyone who donated to Buckhorn for our March Mission of the Month. Your ongoing support of our mission partners is greatly appreciated.

# Closing Ceremonies



## Closing Ceremonies for the Sultani and Amiri Families

On January 13th the South-Central Regional Library was the venue for the Sultani family's closing ceremony. The Sultanis arrived in Louisville on September 9<sup>th</sup> and are quickly settling into their new life in the US, which is quite different from the one they left in war-torn Afghanistan. Subhaan, the father, works in production at GE and their two boys, Rehan and Shukran, are thriving in elementary school. Their younger girl, Shukrana, enjoys being home with her mother during the day. The family recently purchased a car, which has made life much safer as Subhaan no longer must ride his bike at night to and from his job at GE.

January 29<sup>th</sup> the closing ceremony was held for Amiri family in the Second Pres. library. Muska Amiri, Karima Amiri, and Toba Sediqi arrived in Louisville after fleeing Afghanistan and are adjusting to life in the US. They are eager to start working and never miss their English classes.

Both families have reached the end of the three months of support from the church, as is the policy of our partner, Kentucky Refugee Ministries. Though this marks the end of our financial sponsorship, our refugee team continues to keep in touch informally.

Please keep the Sultanis, Amiris, and all of our other former refugee families in your prayers.



# El Salvador Trip

Stan deVoogd, Rev. Jordan Akin, Karen Hadley, Holly Gathright, and John Stern recently returned from a trip to El Salvador where they were joined by Cottonwood Presbyterian Church, just outside of Salt Lake City, and their pastor, Rev. Nathan Sautter. During the trip they learned a lot about El Salvador, IRCES (the denomination of the reformed church) & Second's partner congregation in Rosario de Mora.

They were able to attend an outdoor Sunday morning worship service in Rosario de Mora, where the exuberance and spirituality of the congregation was quite evident. During their time visiting the community of Rosario de Maor they learned about and toured the garden project that donations from Second have helped to support for the last five years. The garden not only provides much needed food for the community, it is also a source of income as whatever they do not eat is sold in the market.

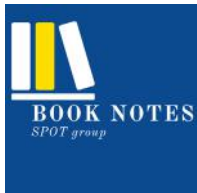
The group also spent a significant amount of time learning about the history of the country and the complexity of life for El Salvadorans. A source of hope is found in Saint Óscar Romero. Romero, an El Salvadoran elected Archbishop, spoke truth to power until his assassination in 1980. Romero spoke out against the violent activities of the government and was an advocate for the poor and marginalized. The group was able to visit his house, the chapel where he was killed, and other monuments and sites that celebrated his life.





Second Presbyterian Options Together

**A small group ministry of Second Presbyterian Church**  
 SPOT serves to unite people who share a common interest and deepen their faith in Christ through building relationships and reaching out to others.



**Book Notes**

Each month since 2011, a member of our group selects a book, researches the author, reviews the book, and then the group discusses it at our monthly meeting. We meet on the first Tuesday of the Month at 10:00 am in the church parlor. We faithfully support UCHM food pantry.

Contact Susanne Wright: (502)930-7465, sjwright@iglou.com



**Paint Spot**

Open to all adults, our Paint SPOT is for beginners to skilled painters in acrylic. We gather on Thursdays at 1:00 pm in the Youth Suite to work on individual projects and fellowship together.

Contact Linda Wood: (502) 893-3330, el.wood@twc.com



**Busy Needles**

We meet twice a month in the Parlor: second Sunday after church, and the fourth Thursday at 11:00 am (see church calendar). Our consistent projects are prayer shawls and throws for our members, their family and friends. But, we also work on other projects for various groups and organizations both locally and worldwide. All ages and skill levels are welcome!

Contact Mary Ayers: (502) 429-3415



**Prayer Group**

Everyone is invited to pray through our weekly prayer list the first and third Wednesday of the month at 10:00 am in Room 251. All are welcome to pray, young and old, new Christians or lifetime believers.

Contact Eunice Shishmanian: (617) 710-8189 or Evelyn Hwang: (502) 228-8765



**Dinner Groups**

A time to share over a good meal, we have multiple groups, some meet in homes, some at restaurants. Our groups meet throughout the year. Seeking those interested in joining a group or starting one!

Contact Cheryl Cooper: (502) 417-3999, cheryltcooper@gmail.com



**Pilates**

Pilates classes will be on Monday night in the Narthex at 5:30. Susan Schmidt will continue to teach these classes. I have taught over 25 years and own a Pilates studio, Pure Movement Louisville. If you have any questions, please email me at puremovementlv@gmail.com or call or text me at 523-5934. Pilates is for strength, conditioning, balance, flexibility, coordination, concentration, control, precision and flow. The emphasis is on the core. It will improve your posture, help prevent injury, strengthen bones and help reduce anxiety.

Contact Susan Schmidt: (502) 523-5934, puremovementlv@gmail.com



**Garden Spot**

A new group for those interested in gardening. We will visit local gardens of distinction; invite local garden "gurus" to speak; and share ideas and experiences.

Contact Joan Gaston (502) 896- 8322



**A small group ministry of Second Presbyterian Church**  
SPOT serves to unite people who share a common interest and deepen their faith in Christ through building relationships and reaching out to others.



### 2nd Act

We believe that music is a gift from God which transcends barriers of race, gender, and language. 2nd Act has brought voices together for over 25 years, and with joy, we take our gift to those in need of song to encourage, uplift and spur spiritual growth. We meet every Wednesday at 10:00 am and perform at various residential facilities in the area. We meet in the Choir Room when we are not performing.

Contact Susan Langford: (502) 897-3789,  
toursplus@aol.com



### Spot Walkers

The SPOT Walkers meet the first and third Wednesday of each month at 10:00 am. Our walks are no more than two miles. When the weather is nice we walk at various outdoor spots; when the weather is not so nice we walk inside the Oxmoor Mall. Everyone is invited! We share lots of conversation as we walk, and we continue our conversation over coffee after our walk.

Contact Valerie Dreher: (502) 552-8918  
or (502) 618-3732

If you are interested in starting a SPOT group or if you would like more information on SPOT groups please contact Sunny Seale: (571) 438-8393.

## Presbyterian Women of Second

Mission Opportunity for a member of Second Presbyterian – The Furlough Home Executive Board is comprised of men and women willing to serve our PC(USA) Mission Co-Workers during their stay in Louisville area while on leave from the global mission field. Following the sale of the former home on the Louisville Seminary campus, the Board is in the beginning stages of building replacement housing to meet this need. For more information, please contact Pam Glaze (Harvey Browne Presbyterian) at pmgpmg99@yahoo.com. Thank you for supporting PC(USA) World Mission!

The Presbyterian Women of Second will meet at 10:00 a.m. on Tuesday, April 11, for Bible study and fellowship. All women at Second are invited to join us. A Zoom option will be available.

The 22-23 Horizons Bible study is “Celebrating the Sabbath” by Carol M. Bechtel. Each lesson focuses on passages of scripture. We will be encouraged to practice Sabbath in “real and practical ways” making the Sabbath an important part of our lives in Christ. The title of Lesson 8 is “Sabbath and Justice” using the scripture Isaiah 58.

presbyterianwomen.org has opportunities to subscribe to the Horizons Magazine, as well as, find information about Presbyterian Women in God’s world.

As we pray for peace and comfort in our world, may the love of Christ and the joy of our friendships be with you, now, as always, In Christ,

Amy Parker, Moderator Amyparker158@hotmail.com (502) 897-5076 home or (502)641-9204 call or text.



# Presbyterian Union

On the first Tuesday of each month (usually), people gather downtown for the fellowship of a lunch, followed by a speaker and discussion around a wide variety of topics-- church and culture issues, faith questions, the changing face of Louisville, topics of personal interest. Think of it as a quick retreat with some friends from different places to think about the world of work and living from a different direction. All are welcome, so please invite guests.

**TOPIC:** "Update on the Yew Dell Gardens"

**SPEAKER:** Paul Cappiello, Ph.D., Executive Director Yew Dell Gardens

He is a former professor of horticulture at the University of Maine. He has written many articles and books including one on the genus *Cornus* (dogwoods). He is internationally known for his work with ornamental plants.

Paul has received several awards including the Fellows Award from the IPPS-ER, Cross Commodity Publication Award from the American Society for Horticulture Science, and the 2013 recipient of the American Horticultural Society's top honor, the Liberty Hyde Bailey Award.

Dr. Cappiello received his bachelor's degree from Rutgers University (environmental planning and design) and received both his master's degree and Ph.D. from the University of Illinois where he studied horticulture.



**Where:** Vincenzo's, The Courtyard Room 105 South 5th Street

Lunch: buffet salad and entrée, dessert, iced tea

Cost: **\$25.00** including gratuity

**When:** **TUESDAY, April 4, 2023**, at 11:30 am

**RSVP:** If you will attend, please notify by 4:00 pm Monday, April 3 (if accepting) E-mail Ann or Ivan Schell at [adschell@bellsouth.net](mailto:adschell@bellsouth.net) or phone 894-8440

Mark your calendars for future meetings (always first Tuesday):

May 2, 2023- Michael Washburn, Executive director of the KY Water Alliance

June 6, 2023- Vincenzo Gabrielle, owner of Vincenzo's

July 11, 2023- Lynn Pohl, Waverly Hills Sanatorium Author

**Parking:** Parking is on 5th Street either on the street or across Market (one way east) at the Stock Yards parking sign on the south side of Market between 5th and 6th or at the National City Bank Building (entrances on 5th, near Main, and Main Street [one way west] on left immediately before 5th).

**Payment:** Please pay at door by cash or check.

**Cancellation:** If you make a reservation and do not cancel before 9:00 am on the day of the presentation, we must ask that you pay.

# Meet our New Staff

## Lorie Williamson

*Director of Children's Ministries*



Lorie Williamson, a native of Louisville, originally came to Second Presbyterian 6 years ago as Director of Children's Ministries and is delighted to be able to return once again in that capacity. Lorie has undergraduate and graduate degrees in music and has taught privately and in the classroom in both the Louisville and Los Angeles Catholic School Systems. Lorie shares her home with her

daughters: Loren, a freshman at duPont Manual High School majoring in Journalism and Communication; Sierra, a trumpet Performance Major at the University of KY; and Elise, a Junior at Yale University majoring in Political Science and Women & Gender studies. Also sharing her home are beloved animals Brandi (dog), Ella (cat), and Beta fish Vance. Some favorite pastimes are Scrabble and wine nights, badminton, swimming, hiking, going to concerts, and taking the dog for a walk while eating popsicles. She is extremely excited to be back and is looking forward to exploring God's love with each family in new and exciting ways.

## Andrew Bowman

*Associate Pastor for Community Life*



We welcome Andrew Bowman, his first day will be April 24th. Andrew was born outside Nashville, TN, and raised there and in southwestern Indiana, where his parents ran church summer camps. Andrew graduated from Johnson University in Knoxville, TN, with a B.A. in religion, but his path into ministry was far from direct. He worked in three or four different industries in four or five different states before answering God's call in 2014. He attended Union Presbyterian Seminary in Richmond, VA, graduating in 2018. Andrew pastored a church in south central Kentucky for four and a half years before being called to Second Presbyterian Church. His greatest joys in ministry involve welcoming all to God's table and walking alongside others on the journey of life.

Andrew and Megan have been married for almost 11 years, and they have a four-year-old daughter, Ellis. The family loves dancing, games, and getting outdoors at every opportunity: gardening, hiking, exploring, and playing with their Australian Shepherd, Yeti. In whatever spare time Andrew has left, he enjoys reading, cooking, and contemplating nature.

Andrew is thrilled to join in the journey with Second. He is impressed by the countless, amazing ways the congregation cares for one another, and for the communities of Louisville and beyond. Andrew especially appreciates the many outreach and mission opportunities that are provided and is excited to get involved with worship, faith formation, and fellowship

experiences like SPOT groups. He is an enthusiastic learner and a collaborative worker, but it may be a little while before he remembers your name.

The Associate Pastor for Community Life will oversee congregational care, deacons as well as the Property, Fellowship, and Outreach committees, and technology support. They will be asked to preach several times a year along with assisting in special services. Their staff reports will include our parish associate, seminary intern, administrative support staff, facilities staff, and technology support staff. They will also coordinate the congregation's spiritual development and pastoral care in conjunction with the other pastoral staff.

The Associate Pastor for Community Life job description is part congregational care and part administrative duties. We feel Andrew is qualified in both of these areas. On the Clifton 34 Strengths Assessment, he scored quite high on empathy, which will make him a good fit for congregational care, and having been a solo pastor for 4 1/2 years gives him a solid foundation of administrative experience.

During the interview process, we were impressed by his calm and contemplative demeanor, his strong family-centric values, and the sincere empathy he exhibited when providing us with examples surrounding congregational care and leading his congregation.

Our committee has enjoyed getting to know him, and we are thrilled that he has accepted our call.

Respectfully Submitted,

Bruce Dudley Co-Chair, Elaine Duncan Co-Chair, Roy Bowling, David Dorsey, Jennifer Ferguson, James Seiler Jr.,

## *Care for the Caregiver*

Are you helping a loved one with impairments related to aging, disability, or a mental disorder? Are you taking care of someone who has a chronic illness, managing medications, or taking care of household chores, meals, and healthcare for someone who cannot perform these tasks alone? If you answered yes to any of these, then you are a caregiver.

Caregivers hold it all together or have the overwhelming feeling that they must hold it together because no one else can. Caring for your loved one can lead to isolation, depression, chronic health issues, and poor quality of life. The Deacons here at Second see how important it is to support its members who hold the role of caregiver.

The caregiver support group meets on the second Monday of each month at 4:00 p.m. These remote monthly Zoom meetings provide resources, education, guest speakers, and a safe space for support and assistance in finding solutions to the challenges of caregiving. If you are interested in joining or learning more, please contact the office or reach out to Elizabeth Clay, [eclay@2ndpreslou.org](mailto:eclay@2ndpreslou.org), or Deacon Cathy Hollander.

## Passages

*We remember in prayer...*

Virginia "Sister" Stites, daughter, Chenoweth; son-in-law, Tyler; his brother, Bill; sister-in-law, Mimi; nieces, Amy Wombwell and Elizabeth Stites; and their families on the death of Bodley Stites, 3/20/2023

Allison Crawford and her family on the death of her grandmother, Gwen Knott, 3/3/2023

Mary Agnes Norman, Cecy Brewer, and their families on the death of her husband and her brother, Jon Norman, 2/23/2023

The family and friends of Meredith Smythe Grider on her death, 2/11/2023

The family and friends of Alice Virginia Dodd on her death, 2/6/2023

Bob Nast and Laura Hood and their family on the death of his wife and her mother, Jane Nast, 1/15/2023

Cathy Cole Irvin, Cole Irvin, Brittany Cartwright, and Bill Cole on the death of her daughter, their sister, and his niece, Shelley Louise Irvin, 1/12/2023

Bob Horton and his family on the death of his wife, Rae, 1/11/2023.

Heather Campbell and her family on the death of her husband, Chris, 1/9/2023.

Dana Collins, and her sons Ford and Davis, on the death of her father, Dr. Charles T. Lucas, 1/4/2023.

## *Hope & Healing While Grieving*

Our culture puts a lot of emphasis on happiness but loss is a very real part of everyone's life. Hope and Healing While Grieving is a safe place for anyone who is grieving the loss of a loved one. We will meet at 11:30 am in the Parlor on Wednesday, April 5 and Wednesday, April 19. All meetings will be at church with a zoom option. Please contact Elizabeth Clay, [eclay@2ndpreslou.org](mailto:eclay@2ndpreslou.org) if you have questions or are interested in joining the group.



# SECOND Presbyterian CHURCH

Second Thoughts (UPS 488-060). Published Monthly.

Postmaster, send address changes to:

Second Thoughts, c/o Second Presbyterian Church

3701 Old Brownsboro Rd

Louisville, KY 40207

## *Staff*

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